The Way We Were

The early years of the 1930’s were difficult years as Queanbeyan felt the effects of the Great Depression. Many men were unemployed and had to walk long distances to try and find work. Some families were evicted from their homes as they were unable to pay the rent. The Government provided relief and some clothes (including greatcoats, jackets and trousers) and work for the dole programs were organised. These helped the community to recover and soon signs of a recovery could be seen.

This photo shows a class from 1936
At Queanbeyan Public School we value the cultural diversity of our community and promote the tolerance and understanding which maintain harmony. We do this by developing students' sense of identity as Australians and their understanding and acceptance of people from different backgrounds from themselves.

This week some students have worn cultural dress and presented information to their peers at the Stage Assemblies about Diwali. This celebration, held in October or November each year symbolises the victory of righteousness and the lifting of spiritual darkness. In Australia, many communities organise firework displays, food stalls, dancing and musical performances.

Students from Stage 1 gave the following reports:

Tisha: Diwali is celebrated to welcome the Hindu New Year.
Kreesha: Diwali lasts for 5 days and each day is for a different God.
Mathuri: At night-time we have fireworks to keep away evil spirits and we pray to the Gods.
Dhanvi: We clean the house and open the windows so the Goddess Lakshmi can enter. She is the Goddess of wealth.
Tisha: We burn diyas, which are clay lamps, to light the way for goddess Lakshmi.
Dhanvi: During Diwali the women may get henna and people may have parties.
Mathuri: We eat special food during Diwali and give presents and sweets to other people who celebrate Diwali.
Walk ‘n’ Rollathon

Our annual fundraising Walk ‘n’ Rollathon at the Queanbeyan Town Park was a great success. Students from all across the school participated with many family members attending to support the event. Students walked, ran and rolled to complete laps of the park. Some of them had set personal goals to achieve a certain number of laps! Everyone is now working hard to collect their sponsorship money and return it to school as soon as possible. There are class and individual prizes to be awarded. Thank you to parents and family members for your support.
Help!
We keep spare clothing in our Sick Bay for children to borrow as required. At the moment we are in special need of size 10 boys grey shorts. If you are happy to donate these or any other clean tidy school uniform items to our Sick Bay stocks we gratefully accept them at the Front Office.

Queanbeyan High School
‘SUPER SATURDAY’
Saturday 15 Nov, 10:30am – 1:30 pm.
Students and families of Year 5 & 6 are invited to the day’s events and to participate in classes. The activities are free and a BBQ lunch will conclude the day. Subject selection sheets have been issued to students and should be returned to school by Friday 7 November. Any questions please call Queanbeyan High School on 6297 2088.

School Banking
Rewarding regular savings with prizes
The Dollarmites have uncovered the ancient Clam of Fortune. Inside they found these amazing prizes that you could win a share of:
40 x GoPro HERO3 White Edition Cameras
150 x Slip 'N Slide Double Wave Riders
Here’s how to win - every deposit you make with School Banking will automatically create one entry for you into the competition. So the more you save, the more chances you have to win (up to a maximum of 6 entries). Competition runs: 20 Oct – 30 Nov 2014. To find out more visit - commbank.com.au/deepseasavers

SaCC
Halloween Carnival: A fundraiser for families with children 0-5 years and their older siblings. Friday 31 Oct 5-7pm at SaCC. Entry is $5 per child or $10 per family of more than 2 children – games, BBQ and drink, and bag of lollies to take home. Dress up encouraged – but no scary masks as there will be young children.
Story time at the Reading Tree: Thurs 30 Oct at Queanbeyan Town Park playground. Come along at 10:30am for stories for children 0-5 years. Look for the coloured pillows under the tree. More info phone Brooke - 6297 2167

Crunch ‘n’ Sip
Children are learning habits that will often last them a lifetime. Consider the following:
✓ Breakfast is important. Children who eat breakfast have better concentration. Eating breakfast can reduce snacking on high-energy foods in the afternoon in both adults and children
✓ Be realistic about the size of the serve you offer children. Forcing children to finish what is on their plate when they are not hungry may lead to overeating and/or strong food dislikes
✓ Avoid giving children processed snack foods high in sugar. Encourage brushing teeth in the morning and before bed to develop good dental habits
Why is Breakfast important?
• Children who miss breakfast are often reported as having poor behaviour and poor concentration
• Children who miss breakfast are often unable to meet their daily nutrient requirements
• Children who miss breakfast are more likely to have a greater risk of being overweight or obese
• Eating breakfast helps children learn and establish healthy eating habits early in life
Quick and easy breakfast ideas
Make sure your child starts every school day with a nutritious breakfast that includes foods from at least two of the five food groups.
For example:
• Wholegrain cereal with reduced-fat milk
• Fruit smoothie
• Boiled eggs and toast
• Slices of fruit with yoghurt
• Raisin toast with reduced-fat cheese
• Baked beans on wholegrain toast
• Toast topped with cheese and sliced tomatoes
• Wholemeal or wholegrain toast with margarine spread plus a topping, such as tomato, reduced-fat cheese or baked beans
Serve breakfast with a glass of water or milk to get children hydrated.
Dream Cricket at Bowral

Bailey, Declan, Koda and Mr Cox with Ian Chappel

Fun at the Year 4 Warrambui Camp
Our Diggers

Mr John Cope, author and friend to our school, has written a new book. John researched the students who attended Queanbeyan Public School and who went on to serve in the First World War. His book, Our Diggers, honours these men by presenting their war service and giving a little of their personal background. It has also been written to help our current students understand more about this war, which carried such a heavy toll on our nation. It is an appropriate time to launch this book as Queanbeyan Public School marks its sesquicentenary and Australia marks the centenary of the beginning of the First World War.

You may purchase a copy of this book by coming into the Front Office or by completing the form below and return it to the Front Office with the payment of $15.00.

I would like to purchase a copy of the book Our Diggers.

Name: ___________________________ Class: ____________

I enclose $________ cash/cheque/credit-debit card for __________ copy/s

(Please make cheques payable to Queanbeyan Public School)

I wish to pay by Cash ☐ Cheque ☐ Credit Card ☐

Credit Card Authorisation

Please Charge $ ………………(total amount)

Card Number: ____________________________ (Complete all 16 digits)

Expiry Date: _ _ / _ _ Card Holder’s Name: ………………………………

Card Holder’s Signature……………………………………

Alternatively, a Credit card authorisation can be given by telephone to the Front Office on 6297 2144

School Yearbook – Memories of 2014

Our school yearbook is an excellent record of the many individual, team and class achievements that we have had this year. It is a valuable memento for all students and particularly for the graduating Year 6 students. Every student is included.

To order your copy of this book, please complete the form below and return it to the Front Office. The payment of $15.00 can be made at the time of ordering or when the book is available later this term.

I would like to purchase a copy of the 2014 Yearbook.

Name: ___________________________ Class: ____________

I enclose $________ cash/cheque/credit-debit card for __________ copy/s

(Please make cheques payable to Queanbeyan Public School)

I wish to pay by Cash ☐ Cheque ☐ Credit Card ☐

Credit Card Authorisation

Please Charge $ ………………(total amount)

Card Number: ____________________________ (Complete all 16 digits)

Expiry Date: _ _ / _ _ Card Holder’s Name: ………………………………

Card Holder’s Signature……………………………………

Alternatively, a Credit card authorisation can be given by telephone to the Front Office on 6297 2144