Last Monday night, the P&C held their Annual General Meeting. Your 2014 P&C Executive is:
- President - Kym Bush
- Secretary - Dagmar Josefa Davies
- Treasurer - Isabel Thornton
- Vice President - Cathy Duke

The P&C is here to bring parents, teachers and the whole school community together for the benefit of all students of our school. The P&C meets the first Monday of every month at 6:30pm in the school Staffroom and everyone is welcome and encouraged to come along. If you can't attend a meeting, the P&C can be contacted on qbnps@pandcaffiliate.org.au

### P&C Disco

**When:** Friday 14 March  
**Where:** School Hall  
**Time:** Kindy & Year 1  5:30 – 6:15pm  
*Theme is ‘Fantasy’*  
Years 2, 3 & 4  6:30 – 7:15pm  
*Theme is ‘Movie and Book Characters’*  
Years 5 & 6  7:30 – 8:15pm  
*Theme is ‘The 80s’*

**Cost:** $2 with **Glow sticks for sale!**

Canteen will sell bottles of water, (better to bring your own water bottle), slices of watermelon and corn chips.

Parents - Children must be escorted to and from the Hall by an adult. The P&C Discos are for QPS students only. The Staffroom is available to enjoy a cup of tea or coffee while the children dance under teacher supervision.

### Cross Country Carnival 2014

The annual Cross Country Carnival will be held on Thursday 20 March. Students from Year 2 to Year 6 will participate at the Queanbeyan Showground. Students will need to wear a school hat and a house colour t-shirt, sunscreen and joggers. They will need to bring a snack, water bottle and sunscreen. Please ensure the note and money, ($2), are returned to your child’s class teacher or the Front Office before Monday 17 March. We are looking forward to a great day of fitness and fun.

**Stage 2 Team.**

### Yesterday, Today, Tomorrow

A Photographic Exhibition telling the history of Queanbeyan Public School.

Friday 21 March – October 2014 >> in the School Hall

You are invited to the opening event at 5.30pm Friday 21 March with Mr John Cope, author of the school history book, ‘If Only These Stones Could Speak’, and the exhibition curator, Mrs Annette Davis.

Original artworks by students from Kindergarten to Year 6 show some of the changes in the physical environment.

**Isabella St Queanbeyan NSW 2620  Ph 02 6297 2144 Fax 02 6299 4282  www.queanbeyan-p.schools.nsw.edu.au  Email queanbeyan-p.school@det.nsw.edu.au**
World Read Aloud Day

World Read Aloud Day is an opportunity to raise awareness of the importance of reading and learning to read. This event also motivates students and adults worldwide to celebrate the power of words, especially those words that are shared from one person to another.

On Wednesday 5 March, 2/3L and 3CK came together to celebrate World Read Aloud Day and the 110th birthday of Dr Seuss. Mrs Hawes, Mrs Handley, Miss Dalton and students in 2R class joined in the excitement. The boys and girls read aloud to their friends and family. Great fun and enjoyment was shared between parents, students and teachers.

Imagine a world where everyone can read......
With less than 3 weeks to go for the 150th Birthday Fete, we need the school community to start getting ready for the day. With so many events we need an idea of volunteer numbers for planning purposes. Below are some of the ways you can help now, and most importantly, volunteer to help on the day. For more info contact: Kym Bush on 0438 331 383 or qbnps@pandcaffiliate.org.au

**TOMBOLA**
Please bring in clean jars of all sizes in to the Office or Mrs Rosser, filled with new or re-gifted goodies for kids, adults, eg. Note pads, hair ties, socks, colouring pencils, soaps, hand creams, small toys.

**JAMS & CHUTNEYS**
If you make jams, pickles or chutneys, please bring donations to the Office or Mrs Hadobas.

**PLANTS**
Plants or cuttings may be taken to the Office, Mrs Keough or Mrs Imrie.

**BOOKS**
Good quality second hand book donations may be given to the Office or Mrs Handley.

**LUCKY DIPS**
Please bring in small lucky dip items for boys or girls to the Office or Mrs Boughton. Items can be donated wrapped or unwrapped. If wrapped, please indicate whether they are for boys or girls.

**CAKE STALL**
If you are a baker, items to sell (with ingredients listed) may be brought to the Office or Mrs McNamara on Friday 28 March. Please do not bring in items that require refrigeration.

---

**VOLUNTEERS urgently required**
The day can’t happen without volunteers. We are hoping that at least one person from each family might volunteer on the day to ensure everyone has fun. Please complete and return the slip below and hand it into the Office at school. We will place you on the roster and be in touch.

Child’s Name and Class ____________________________________________

<table>
<thead>
<tr>
<th>Volunteer’s Name</th>
<th>Phone Contact</th>
<th>Email address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

9am–10am (set up) 10am–11am (stall helper) 11am–12noon (stall helper)
12noon–1pm (stall helper) 1pm–2pm (stall helper) 2pm–3pm (pack up)

---

**KARABAR HIGH SCHOOL AND DISTANCE EDUCATION CENTRE**
Donald Road, Queanbeyan NSW 2620
Phone: 02 6298 4333

**INVITATION**
for
**Year 6 Students and Parents**
to attend

**YEAR 7 2015 PRESENTATION AND TOUR OF THE SCHOOL**
**Date:** Wednesday 12 March, 2014
**Time:** 6:00pm
**Venue:** Karabar High School Hall

**AGENDA**
Presentation by KHS Principal
Introduction to Karabar High School
Visit classrooms, meet the teachers and students, and learn about a variety of subject areas
Tea and coffee, with time for informal conversations

---

**QUEANBEYAN HIGH SCHOOL**

**INVITATION**
**YEAR 7 2015 INFORMATION NIGHT**
All Year 4, 5 and 6 parents and friends of our community who are considering sending their child to Queanbeyan High School in 2015, 2016 and/or 2017 are invited to attend on Wed 12 March 2014, at 6pm in the QHS Hall.

**AGENDA:**
Meet the Principal: Mr John Clark
Introduction to key staff, share our school vision including the Personal Best Class, Bonus Program, innovative teaching strategies, SPAC, and College 3+3 Program

Meet the Deputy Principal: Ms Safija Bristina
Staff and student expectation, safety, uniform, self-discipline conduct, including respect and responsibility

Meet the Student Advisor for Year 7 2015:
Mrs Kerrie Jenkins
Student Advisors welfare role and responsibility
For further information please phone Deputy Principal, Safija Bristina on 6297 2088.
HEALTH CARE REMINDER - ANAPHYLAXIS
Anaphylaxis is an extremely serious medical condition that requires immediate treatment. The reaction can progress very rapidly and may be life threatening. In 2014, we have a number of students who have been diagnosed as being at risk of anaphylaxis following exposure to a range of allergens. The most common allergens in the school are nuts (ground and tree nuts), eggs and dairy products.
We ask the community to assist in 3 ways:
- Avoid sending nuts and nut products to school. The most significant foods to avoid will be peanut butter and Nutella.
- Advise children not to share foods with others.
- Revise good general hygiene practices (e.g. children washing hands before & after eating.)

We have a responsibility as a school community to ensure our school is safe for all our children and that conditions are conducive to full engagement in all learning activities.

House Colours

A - E Campbell RED   K - P Farrer YELLOW
Q - Z Hume BLUE       F - J Evans GREEN

Early Childhood Intervention ACT
Invite you to attend
Nutrition Tips for Young Children with Additional Needs
Presented by Nicola Graham,
Community Dietitian, ACT Health
Nicola will present an interactive workshop which places emphasis on meeting the nutritional needs of young children who have very selective and restrictive eating behaviours. Conversations will focus on strategies to ensure nutritional adequacy for children on a limited diet.
This workshop will be of interest to parents of young children who have a restricted diet and to professionals working with children who have additional needs.

VENUE: SHOUT Office, Collett Place
(Opposite Pearce Shops)
DATE: Thursday 3 April 2014
TIME: 7:15 for 7:30pm – 9:30pm
Cost is free to members of ECI ACT Inc.
$5.00 non-members (payable on the night)
Refreshments will be provided.
Membership forms will be available for those wishing to join on the night.
Please register your intention to attend the evening by COB Monday 31 March so that adequate materials and catering may be prepared.
Register to SHOUT office by phone: 6290 1984, email: admin@shout.org.au

Go4Fun
Go4Fun is a free ten week healthy lifestyle program for overweight and obese children aged 7-13 years and their families, run by the Ministry of Health.
It has been designed as a fun, interactive way to learn about healthy eating and being physically active.
Children who participate in the program:
* Make new friends while increasing their confidence and self esteem
* Become more physically active, improving their skill and fitness levels through fun games
* Set goals and work towards maintaining a healthy weight
* Adopt lifelong healthy habits

The free program is run by the Queanbeyan City Council at Letchworth Community Centre (28 Miller St, Qbn), commencing on 30 April, from 3:45 to 5:45pm.

For more information please call 6124 9972, or email natania.copp@gsahs.health.nsw.gov.au

Donations
Due to a shortage of boys and girls small sized underwear in our sick bay, donations of new underwear would be much appreciated.