

# Ready for school checklist

TICK EACH TASK AFTER IT HAS BEEN DONE.  
(NOT ALL TASKS WILL APPLY TO YOU).

## 2009

- Attend school orientation or transition.
- When immunisations are due, ask to have your child's hearing and eyesight checked.
- If your child has an allergy, medical condition or any special needs, inform the school as early as possible and make an appointment to see the principal.
- Fill in a travel pass application if this applies to you (see page 5).
- Organise who will be looking after your child before and after school. Fill in applications for an OOSH service if needed (see page 5).

### Some things you'll need to buy for school

- School uniform (summer, winter, sports).
- Sun hat (usually part of school uniform).
- School shoes and running shoes (try Velcro if they can't tie laces).
- Back pack (may be available from the school).
- Lunch box (get your child to choose one they can open).
  
- Drink bottle.
- Raincoat.
- Paint shirt (an old T-shirt will do).
- Library bag.

## 2010

- January – Open the Countdown to School calendar on page 8. You might like to spend some time each day with your child following the tasks written on the calendar.
- Write your child's name on everything!
- Make sure you have the school's phone number.
- Teach your son to use a urinal if he doesn't know already.

### The night before the first day of school

- Lay out your child's clothes, shoes and socks.
- You may want to make your child's lunch tonight and pop it in the fridge.
- Help your child to pack their school bag.
- Pack a spare pair of underpants, socks and a change of clothes in a plastic bag. Let your child know these are in their backpack in case they have any toilet accidents at school.

### The first day

- Be positive and happy about the first day with your child.
- Let your child dress themselves as much as possible.
- Tie long hair back or plait hair.
- Apply sunscreen to your child each morning. They will need to wear their school hat when outside the classroom.
- Take photos!

### The first weeks of school

- The school will let you know when you may need to pack items for activities such as sport, art or library.
- Children are often very tired in the first few weeks of school. Your child needs lots of sleep.
- Give your child a healthy breakfast to get them through the day.
- Make sure your child knows who will pick them up each day.
- Check your child's bag each night for school notes and lunch leftovers.
- Try to establish regular morning routines.
- Start a home reading routine.
- Talk to the teacher about helping in the classroom, if you can.
- Chat to your child about their day at school.
- It is very important that your child still has time to relax, play outside and do things that they enjoy once they start school.

### Term dates for 2010

The school year consists of four terms that run over two semesters. Kindergarten students usually start a day after the other children in the school and individual students in Kindergarten often start at different times so that the teacher can spend time with each child. Your school will let you know.

**Term 1** Kindergarten may start Friday, January 29\*

Term ends Thursday, April 1

**Term 2** Students return to school Tuesday, April 20

Term ends Friday, July 2

**Term 3** Students return to school Tuesday, July 20

Term ends Friday, September 24

**Term 4** Students return to school Monday, October 11

Term ends Friday, December 17\*\*

\* School starting dates may be later in some schools in Western NSW. Check with your school.

\*\* Check with your school for any variations.